



MASSAGE FROM THE 5 CONTINENTS

Holistic care.

Duration: 2 hours. Price: 130 €.

This slow and deep biodynamic massage allows the vital energy (Kundalini) to circulate in the body and along the spine to diffuse it to the heart.

This complete treatment inspired by techniques from all over the world allows an impressive physical and mental release.

Contact: Laurie 06.99.82.71.31



THE KANSA EXPERIENCE

Massage inspired by ancient India.

Duration 1 hour. Price: 70 €.

This is a massage of the face, hands and feet with the Kansa wand, an Ayurvedic healing metal with a detoxifying and immune system stimulating effect.

Relieves eye fatigue.

Revitalizes the face and brings a natural glow.

Drains the lymphatic system.

Relaxes, reduces stress and tension.

Contact: Laurie 06.99.82.71.31



BELLY REVOLUTION

Well-being massage of the BELLY.

Duration: 50 mins. Price: 60 €.

This massage developed by LIVE & SUCCES relaxes the tissues, visibly drains the lymphatic circulation, helps to evacuate bloating in the large intestine and strengthens the immune system.

It promotes the circulation of crystallized energies. The massage of this real brain that is the belly induces the relaxation necessary for the passage of the nervous system in parasympathetic.

Rebalances the chakras.

Contact: Laurie 06.99.82.71.31



DETOX TONUS

Energising massage.

Duration: 1 hour. Price: 70 €.

This energetic and deep biodynamic massage helps to stimulate the body's natural detoxification and self-healing process.

Based on Ayurvedic, Californian and Tui-Na massage techniques.

The massage is performed on the legs, arms and back to cleanse old traumas and allow the energy of pleasure and life to circulate freely.

Contact: Laurie 06.99.82.71.31



ZEN REÏKI

Relaxing massage.

Duration: 1 hour. Price: 70 €.

Slow and deep, it allows a total physical and mental letting go thanks to techniques from ayurveda, lomi- lomi, Swedish massage and magnetism.

A back, stomach and face massage that will take you on a journey to reconnect with that inner space where you feel safe and happy.

Contact: Laurie 06.99.82.71.31